The Safety of Our Campus is Everyone's Responsibility Training for Catawba College Faculty and Staff

Warning Signs

There are several indicators of a potential threat which, taken by themselves, may not be immediately obvious. Nevertheless, you may only be seeing part of what is going on and so it's very important to tell a supervisor or campus resource person any cause for concern that you may have. If you recognize any of these warning signs, you are encouraged to notify someone immediately about your concerns.

Warning signs can manifest themselves in many forms: one-on-one settings, group interaction, public behavior, letters, emails, blogs, websites, social networking sites, photos, phone calls, text messages, etc. The following list of warning signs is not intended to be fully comprehensive.

- Explicit statements about harming someone
- Changes in behavior (sudden or otherwise)
- Change in academic performance
- Unexplained absenteeism
- Increase in alcohol or drug use
- Anxiety or uncertainty about family/relationships/situations
- Explicit statements about harming someone
- Suicidal thoughts
- Attempts to harm or kill self
- Conflicts with others
- Lack of energy or chronic fatigue
- Bizarre behavior
- Change in appearance/declining hygiene
- Sending disturbing messages (i.e. texts, e-mails, letters) to students/staff/faculty.
- Displays paranoia
- Alienates him/herself from others/family; Social isolation
- Loss of job/income/relationship
- Disruptive behavior/irritability/abrasive towards another
- Coursework content that is alarming
- Depression or nervousness
- Identifying with other persons who engaged in past violence toward others
- Making statements that supports the use of violence to resolve issues