

Catawba College Athletic Department Emergency Action Plan

A serious injury whereby an athlete's life is in danger or the athlete risks permanent impairment includes, but is not limited to: cervical / lumber spine injury or spinal cord trauma, head injury, serious bleeding, fractures, heat stress, cardiovascular arrest, seizures, respiratory arrest / distress, shock, diabetic coma / insulin shock, internal organ injury, and severe sudden illness. If such a situation occurs, the most qualified individual present should try to determine or assess the athlete's condition. If another individual is present they should try retrieve any needed medical equipment. When deemed necessary, the local EMS system should be activated. Life threatening conditions must be cared for with appropriate life-support measures, stabilize head / neck / spinal injuries, control serious bleeding, treat for shock when indicated and stabilize suspected fractures when possible. Campus security and appropriate athletic administrative personnel should be notified as needed. In event an athlete is transported to an emergency facility, either a coach, teammate, or member of the athletic training department should accompany the athlete to the medical facility when possible. A college official should contact athlete's parent or guardian within a reasonable period of time.

If a condition / injury is not life threatening, attempt to contact a Certified Athlete Trainer for Catawba College. If an ATC is not available then contact the Student Health Center. When in doubt as to the seriousness or nature of injury / condition, have the athlete to go emergency Room or to an Urgent Care facility.

For musculoskeletal injuries sent to the local hospital – request that Pinnacle Orthopedics or Dr. Furr be notified to render care for such problems.

Normal athletic training room hours are Monday - Friday: 7:30AM – 6:00PM. These hours are subject to change as athletic teams practice and play.

Anytime an athlete is referred for emergency care / urgent care, contact a staff athletic trainer as soon as possible. The student athlete should follow-up with the staff athletic trainer as soon as possible

Police/ Fire / Ambulance – Rescue Squad – 911

Campus Phone Numbers:

Catawba College Athlete Training Facilities	Hays FH: 704-637-4350 / ABN Gym: 704-637-4267
Catawba College Student Health Center	704-637-4404
Catawba College Campus Security	704-637-4000

Staff Athletic Trainers:

John Lavender	Assistant Athletic Director for Sports Medicine Department	O: 704-637-4350	C: 336-575-2201
Leslie Dent	Assistant Athletic Trainer	O: 704-637-4267	C: 910-850-0158
Brandon Auton	Assistant Athletic Trainer	O: 704-637-4350	C: 704-473-4807
Brianne Morith	Assistant Athletic Trainer	O: 704-637-4350	C: 704-773-1946
Craig Ricciardi	Assistant Athletic Trainer	O: 704-637-4350	C: 813-416-2770
Austin Sroda	Assistant Athletic Trainer	O: 704-637-4267	C: 715-310-2145
Dominique McCray	Assistant Athletic Trainer	O: 704-637-4267	C: 919-325-6065
Megan Getz	Assistant Athletic Trainer	O: 704-637-4350	C: 570-557-1234

Medical Service Providers:

Rowan Regional Medical Center	704-210-5000	Pinnacle Orthopedics	704-216-5633
Novant Health Sports Medicine	704-633-6044	Cabarrus Sports Injury Center	704-782-4878
Novant Urgent Care	704-638-1551	Fast Med Urgent Care	704-603-1175