Faces of Success

Your Life after Catawba College

Catawba College Alumni Outcomes
During the years our graduates spend at Catawba, we strive to prepare them not just for their first job, but for all the jobs or different careers they will have during the course of their lives. We encourage them not to measure success in life by the money they earn, but rather by the degree of fulfillment they find in their work.

Catawba exists to help its students realize their promise and their full potential in whatever vocation or career they choose. **We want them to look beyond themselves, to look at the world around them, and to believe in what they’re doing.**

Your life after Catawba College matters. Not just to parents or professors, but to each student who counts himself or herself as a Catawba College alumnus or alumna.
Athletic Training

Jesse Howes ’04

Athletic Training Major

Earned Master’s of Health Science Degree from Quinnipiac University, 2006. Employed as Physician’s Assistant in Emergency Medicine and Orthopedic Surgery in Manchester, Connecticut.

"Catawba allowed me to flourish academically and taught me how to be a leader. Catawba allowed me to seamlessly blend academics, athletics and student activities without having to sacrifice the things I enjoyed. It’s a great institution that is largely responsible for my success."

- Jesse

www.catawba.edu/alumni
Biology & Chemistry

Leslie Thomas Grab ’99
Chemistry major

Now a practicing patent attorney with Kilpatrick Stockton in Winston-Salem, she earned her Ph.D. in biochemistry and molecular biology at Wake Forest University, and then completed her law degree at UNC Chapel Hill.

Jonathan Slaughter ’00
Biology major with Chemistry and History minor

Earned medical degree from Wake Forest University and completed pediatrics residency at Medical University of South Carolina in Charleston. Employed as neonatal fellow at Cincinnati Children’s Hospital in Cincinnati, Ohio.

“Catawba College is an inclusive, caring community that provides many opportunities for student growth. I received a quality education from professors who focused on me as an individual. If I had college to do all over again, Catawba would still be my top choice.”

Tameka Lundy Sanders ’02
Biology major with Chemistry minor

After earning her Master’s of Science degree in biotechnology and her MBA from Johns Hopkins University, she now works as a sales consultant for Novartis Pharmaceuticals.

David Idol ’09
Biology major

Employed as an organic chemist at the Research & Analytical Laboratories in Kernersville, N.C. where he does environmental testing.
Allan Autry ’08
Business Administration major with a concentration in Accounting


Kathryn Merrell Moore ’04
Accounting major

Employed as Founder and Operator of Katydid Designs, a line of grosgrain ribbon bags, belts and accessories sold in over 50 retail boutiques throughout the Eastern USA, based in West Palm Beach, Fla.

“I thank Catawba College for being part of my life and for leading me along the way.”

Heather Underhill Schmitz ’02
Business Administration major with a concentration in Marketing

Earned MBA from East Carolina University in 2003. Employed as a contract specialist by The SAS Institute, Raleigh, N.C.

Thomas Giles ’05
Communication Arts major

Employed as branch manager at Woodforest National Bank in Salisbury, N.C.

“My academic major, Communication Arts, enhanced my speaking skills and gave me the ability to speak at a high professional level. These things I learned at Catawba are now tools I use every day in my career.”

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Pursuing a Master’s of Environmental Management (MEM) degree in Ecosystem Science and Conservation as well as a Master of Forestry (MF) degree in Forest Resource Management at Nicholas School of the Environment, Duke University. He hopes to complete his coursework in 2010. After his graduation from Catawba, he worked as Stewardship and Land Conservation Coordinator for The LandTrust for Central North Carolina.

"I aspire to really be somebody and I want to give back." - Connor
David Loudermilk '05
Theatre Arts major

Employed as a director by Thalian Association and as a dancer by Norwegian and Holland America Cruise Lines.

Tiffany Yvonne Cox '07
Theatre Arts major

Currently living in Chicago, Illinois, and recently opened an African-American Theatre Company called UPROOTED Theatre in Milwaukee, Wisconsin. She also writes for an online newspaper called Examiner.com and her articles from this site are currently being adapted into a one-woman show that will be taken to Europe.

Andrew Howe '07
Business Administration major with a concentration in Marketing

Employed as Director of Bands at North Rowan Middle School, Salisbury, N.C.
Performing Arts – Music and Theatre Arts

Jasika Nicole Pruitt ’02

Theatre Arts major

Employed as an actress on the network television series “Fringe,” and has worked as an actress in the feature film, “Take the Lead,” with Antonio Banderas. Also works as an illustrator, comic book writer and handbag designer.

Dennis Reed ’06

Music major with a concentration in Music Management

The first place winner of the BMI Foundation’s 9th Annual John Lennon Scholarship Awards in 2006, Dennis served as Catawba College’s Young Artist in Residence for the 2006-2007 academic year. He currently serves as CEO/Founder of Inspire The Fire, Inc., a non-profit organization that reaches out to youth by way of the arts, and he continues performing and songwriting. He is also an adjunct faculty member at Catawba, directing the College Gospel Choir.
Ryan Dayvault '08
Political Science major with emphasis in Public Administration

Employed as assistant to the deputy director for research administration and as interim building facilities coordinator at the UNC Chapel Hill Nutrition Research Institute, N.C. Research Campus, Kannapolis, N.C.

Alex Lopez '05
Psychology major

After earning his Master of Science degree in Psychology from Springfield College in Springfield, Mass., Alex is employed as a master’s level psychologist at Carolinas Medical Center – Northeast, and also works in private practice in Charlotte, N.C., conducting psychological and psycho-educational evaluations.

Shawn Godsey '04
Sociology major

Employed as Program Director of Foster Care and Adoption Services at Nazareth Children’s Home in Rockwell, N.C.
After working on Capital Hill and serving as a deputy campaign manager for a D.C. councilwoman, she is employed as a management analyst with the Office of Asset Enterprise Management for the U.S. Department of Veterans’ Affairs. She earned her Master’s degree in Public Administration from American University.

“Attending a small institution such as Catawba allowed me to grow academically and personally through the mentorship of my professors during my four years. They helped prepare me for a career in public service and guided me in my decisions when selecting a master’s program and graduate school. Still today, I often contact my professors for advice as well as to update them on my successes in Washington, D.C.”

- Kristan Higgins ’06

Political Science major with an emphasis in American Political Experience

Social Sciences (Political Science, Psychology and Sociology)
Allison Dupree  ’01
Physical Education major,
Special Subjects K-12 minor
Earned her Master of Science degree in Health Promotion from Mississippi State University. Now employed as a National Board Certified physical education/health teacher at C.C. Erwin Middle School in Salisbury, N.C., where she also serves as that school’s athletic director and head girls basketball coach.

Amber Rady Stanley  ’01
History, Communication Arts and Elementary Education majors
Employed as a fourth grade teacher at Isenberg Elementary School in Salisbury, N.C. Currently pursuing her Master of Education degree at Catawba College.

Shane Timmons  ’08
History major, Secondary Education minor
Employed as a 10th grade civics teacher at Randleman High School in Randleman, N.C. Named a “New Beginning Teacher of Excellence” for Randolph County Schools for 2008-09.

Danielle Webb  ’06
Elementary Education major
Employed as a second grade teacher at Mt. Ulla Elementary School in Mt. Ulla, N.C., and completing her Master of Education degree at Catawba College.

Sarah Reeves  ’08
Mathematics major, Secondary Education minor
Employed as a mathematics teacher at South Stokes High School in Walnut Cove, N.C.
Catawba’s Office of Career and Academic Support Services strives to serve Catawba students with their individual career development — all phases of it: from making "major" decisions to experiential learning opportunities, to finding that first "real" job. No matter what phase our students find themselves in, the Center is here to help!

Special programs offered include:

**Life-Skills 101**, sponsored jointly by Catawba’s Office of Career and Academic Support Services and the Office of Alumni Relations, this three-week program is designed to help students transition from the Catawba College community to the greater community in which they'll reside post-graduation. Each session focuses on a specific topic relating to life in the "real world." Students learn about networking, personal finance, and moving from the world of backpacks to briefcases.

**Senior Job Search Seminar** is an event that focuses on preparing students for the job search and teaching them some basics.

**Resume Writing 101** provides students with one-on-one assistance with resume preparation.

**Finding an Internship Seminars** help guide students into settings where they can gain experiential education experience. Internships are a great way to explore career areas of interest and gain valuable and marketable work experience.

**What’s Your Preference?** The office of Career and Academic Support Services uses the Myers Briggs Type Indicator to discover personality preferences to aid students in making career decisions and discovering their particular learning style.

**Job/Career Fairs** are regularly offered on campus and in conjunction with other nearby educational institutions. At these fairs, students can learn more about graduate school, job openings, careers in education, and even jobs available at summer camps.

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**Majors**

- Athletic Training
- Biology
- Business Administration
  - concentrations in: Accounting
  - Economics
  - General Management
  - Information Systems
  - Marketing
- Chemistry
- Communication Arts
- Education
  - concentrations in: Elementary K-6
  - Intermediate 4-6
  - Middle School 6-9
  - specializations in: Language Arts
  - Mathematics
  - Science
- Social Studies
  - Secondary 9-12
- English
  - concentrations in: Literature
  - Writing
- Environmental Education
- Environmental Science
- Environmental Studies
- Exercise Science
- History
- Mathematics
- Medical Technology
- Music
  - concentrations in: Music Business
  - Music Education
  - Music Performance
  - Sacred Music
  - Musical Theatre
- Physical Education
- Political Science
  - emphases in: American Political Experience
  - International Relations
  - Pre-Law
  - Public Administration
- Psychology
- Recreation
- Religion and Philosophy
  - concentrations in: Christian Education
  - Outdoor Ministries
  - Theology & Philosophy
- Sociology
- Spanish
- Sports Management
- Sustainable Business and Community Development
- Theatre Arts
- Theatre Arts Administration
- Theatre Arts Education
- Therapeutic Recreation

**Pre-Professional Advising Programs**

- Pre-Health
- Dentistry
- Medicine
- Veterinary Medicine
- Pre-Law
- Pre-Ministerial
- Pre-Pharmacy

If you’re up for a challenge, Catawba offers an outstanding Honors Program. [www.catawba.edu/programs/honors](http://www.catawba.edu/programs/honors)