**Catawba College**

**Employee Daily Self-Health Monitoring Questionnaire**

Catawba College (“Catawba”) requires all employees monitor their health daily. In order to assist with employee self-health monitoring, Catawba developed the list of questions below for employees to review and complete every day before entering campus and the workplace. Should you desire, you may click here to download the form, which is for employee personal use only and does not need to be submitted to Human Resources or an employee’s supervisor.

**EMPLOYEE DAILY SELF-HEALTH MONITORING FORM**

|  |  |  |
| --- | --- | --- |
| **SYMPTOMS – Employee to answer yes or no to each question every day** | **NO** | **YES** |
| Within the last 24 hours, have you experienced any of the following unrelated to an existing medical condition:   * Fever greater than 100.4 * Chills * Cough * Shortness of breath or difficulty breathing * Fatigue * Muscle or body aches * Headache * New loss of taste or smell * Sore throat * Congestion or runny nose * Nausea or vomiting * Diarrhea |  |  |
| Within the past 24 hours, have you had any of the following symptoms, not related to your allergies:   * Runny nose * Stuffy nose * Sneezing |  |  |
|  |  |  |
| **POTENTIAL EXPOSURES TO COVID-19 – check yes or no to each** | **NO** | **YES** |
|  |  |  |
| In the past 14 days, have you been in close contact with anyone with a suspected or confirmed case of COVID-19? |  |  |
| Have you been diagnosed with COVID-19 and not cleared to return to work by your physician or other health professional? |  |  |
| Are you waiting for results after being tested for COVID-19 because you were symptomatic, had close contact with a suspected or confirmed case of COVID-19, or were directed to test by a physician or other health professional? |  |  |
|  |  |  |

If you answer NO to all of the questions, you may report to work.

If you answer YES to one or more of the questions, you are not to report to work. You are to complete the [Employee Self-Reporting Form](https://catawba.edu/news-events/coronavirus/self-reporting/employees/), which will automatically be sent to the Human Resources Office. You should isolate and, if you have not done so, contact your primary care physician.