**Catawba College**

**Student Daily Self-Health Monitoring Questionnaire**

Catawba College (“Catawba”) requires all students monitor their health daily. In order to assist with student self-health monitoring, Catawba developed the list of questions below for students to review and complete every day before entering campus and/or a classroom. Should you desire, you may click here to download the form, which is for student personal use only and does not need to be submitted to any Catawba official.

**STUDENT DAILY SELF-HEALTH MONITORING FORM**

|  |  |  |
| --- | --- | --- |
| **SYMPTOMS – Student to answer yes or no to each question every day** | **NO** | **YES** |
| Within the last 24 hours, have you experienced any of the following unrelated to an existing medical condition:   * Fever greater than 100.4 * Chills * Cough * Shortness of breath or difficulty breathing * Fatigue * Muscle or body aches * Headache * New loss of taste or smell * Sore throat * Congestion or runny nose * Nausea or vomiting * Diarrhea |  |  |
| Within the past 24 hours, have you had any of the following symptoms, not related to your allergies:   * Runny nose * Stuffy nose * Sneezing |  |  |
|  |  |  |
| **POTENTIAL EXPOSURES TO COVID-19 – check yes or no to each** | **NO** | **YES** |
|  |  |  |
| In the past 14 days, have you been in close contact with anyone with a suspected or confirmed case of COVID-19? |  |  |
| Have you been diagnosed with COVID-19 and not cleared to return to class/school by your physician or other health professional? |  |  |
| Are you waiting for results after being tested for COVID-19 because you were symptomatic, had close contact with a suspected or confirmed case of COVID-19, or were directed to test by a physician or other health professional? |  |  |
|  |  |  |

If you answer NO to all of the questions, you may report to campus and/or class.

If you answer YES to one or more of the questions, you are not to report campus or class. You are to complete the [Student Self-Reporting Form](https://catawba.edu/news-events/coronavirus/self-reporting/students/), which will automatically be sent to the Proctor Health Center. You should isolate and, if you have not done so, contact your primary care physician or the Proctor Student Health Center at 704-637-4404.