



CATAWBA COLLEGE  
SPORTS MEDICINE  
704-637-4350

## NEW AND TRANSFER STUDENT-ATHLETE ATHLETIC PARTICIPATION CLEARANCE REQUIREMENTS

Welcome New and Transfer Student-Athlete,

In order to participate in athletics at Catawba College a **physical, sickle cell results, insurance and ATS portal paperwork are required**. ALL requirements need to be completed and verified by Catawba College Sports Medicine Staff prior to participation in ANY team activities. NO EXEPTIONS will be made.

To follow are written direction outlining how to complete all requirements. If you would like additional clarification on how to do the ATS portal, a video can be found at:

<http://gocatawbaindians.com/page.asp?articleID=6603>

Please complete the following steps for athletic participation clearance:

### 1. Athletic Physical from Doctor

- MUST be completed no earlier than **June 1<sup>st</sup>**
- MUST be on Catawba Sports Medicine Form, NOT the health center form
  - The form can be found at <http://gocatawbaindians.com/page.asp?articleID=8692>

### 2. Sickle Cell Results

- MUST be lab results and NOT a letter from physician
- Can be drawn at doctor's office or obtained from newborn records
  - ALL individuals born in the US have been tested at birth; Records are usually kept at local health departments of where born

### 3. Create and complete ATS Portal paperwork

- Go to <https://www.atsusers.com/atsweb/login.aspx?db=atscatawba>
  - New account information: Username is **NEW**; Password is **NEW**
  - Database should be: **atscatawba**
- **General Tab:**
  - Reminders:
    - Username and Password needs to be something you will remember as you will use it frequently
    - Add all sports that you are going to be participating in (ex. Volleyball and Beach)
    - Your name should be your legal name, put under nickname the name you prefer
    - Make sure to use your Catawba Email in Email section
    - Alternate ID is your Catawba ID# (C#)



- **Screening/Tests Tab**
  - If you have been vaccinated for COVID-19, select add new vaccination
    - Complete all fields
- **Immunizations/Paperwork Tab**
  - This tab is where you can see what paperwork still needs to be submitted
  - You can upload immunizations you have had but NOT required
- **Insurance Tab**
  - Add new insurance (Required)
    - Complete all highlighted fields and upload photos of your insurance card front and back
- **Contacts Tab**
  - Add at least two Emergency contacts
    - Include Names of individuals (not just mom for example give the name)
    - Order is the order they will be called so please list who you would like called first and so on
- **Forms Tab**
  - Select a form from the dropdown menu
    - Then Select NEW
    - Read and/or answer any and all questions
    - Select you agree, sign/type your name then hit sign button
      - If under the age of 18 parents must sign ALL forms
      - Parent signature required for Concussion Form and Insurance Form
    - Once completed make sure to SAVE the form
  - Repeat for each of the following forms:
    - Baseline Graded Symptom Check Sheet
    - Code of Conduct
    - Drug Testing Policy
    - Health Center Form
    - Helmet Warning (Football and Lacrosse ONLY)
    - HIPAA
    - Insurance Medical Expense Policy
    - NCAA Concussion Fact Sheet
    - Nutritional Supplements



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- PHQ-9 Symptom Checklist
- Pre-Participation Health History
- Prescription Medication Form
- Risk Liability Form
- Sickle Cell Testing
- **E-Files Tab**
  - Upload a Copy of your Current Physical
    - Must have been completed on Catawba Sports Medicine Form and not before June 1<sup>st</sup>
  - Upload a Copy of your Sickle Cell Results
    - Must be results and NOT just a letter
  - Upload a copy of your Vaccination Card if applicable
  - If you have had surgery or believe there is any other medical documents what will be needed or help in order for you participate in athletics please upload it to the E-Files Tab

Deadline to complete ALL ATS information is August 1<sup>st</sup> 2022

### **ADD/ADHD Requirements**

If you are being treated with prescription medications for ADD/ADHD you **MUST** provide documentation of diagnose and treatment plan. Go to [www.catawba.edu/sportsmedicine](http://www.catawba.edu/sportsmedicine) and scroll down to **RESOURCES** to print the **First-Year/Transfer ADD/ADHD Prescription Medical Exemption Form**. Please have doctor complete this form and provide all requires documentation as outlined on the form. **This documentation can be uploaded to your ATS account and/or brought to the Catawba Sports Medicine Staff. This is REQUIRED by NCAA in order to not fail drug tests. If not provided it can result in a failed drug test.**

### **IF YOU HAVE ANY QUESTIONS REGARDING THE REGISTRATION PROCESS, PLEASE CONTACT**

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