



Catawba College Sports Medicine

FAQ

Revised May 2020

Hello Parents and Student-Athletes,

The information found here is in effort to provide as much clarity as possible regarding different issues and frequently asked questions of the Catawba College Sports Medicine Team. Should you have additional questions, please email Head Athletic Trainer Brandon Auton at bsauton@catawba.edu.

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SECTION I: REQUIREMENTS FOR FIRST-YEAR and TRANSFER STUDENT-ATHLETES TO BEGIN ATHLETIC PARTICIPATION

The following **FIVE** items must be tended to prior to arrival at Catawba College. Failure to complete any items in this section as instructed will result in delayed participation in any intercollegiate activities. No exceptions will be made.

Athlete ATS Medical Registration

All FIRST-YEAR and TRANSFER student-athletes are required to create their athlete medical profile via ATS Medical Registration, and complete all required information found in the First-Year and Transfer Student instructions. ATS Medical Registration can be found under RESOURCES at www.catawba.edu/sportsmedicine; **follow the instructions for First-Year and Transfer Student-Athletes.**

Athlete Physicals

All new athletes to Catawba College (Freshmen and Transfers) are required to obtain a physical which **MUST BE** completed on the **Catawba Sports Medicine Physical Form**. Any physical **NOT** on this form **OR** if the physical is performed **PRIOR TO** June 1st of the current year are **INVALID** and **WILL NOT** be accepted. The physical form can be found under RESOURCES at www.catawba.edu/sportsmedicine

Athlete Sickle Cell Test Results (Freshmen/Transfers Only)

ALL CATAWBA Freshman and Transfer Student-Athletes must show proof of Sickle Cell testing per NCAA requirements. Acceptable laboratory reports include a Hemoglobin Solubility Test, Hemoglobin Electrophoresis, or High Performance Liquid Chromatography (HPLC). A copy of a Sickle Cell test done at birth is also acceptable. International students must provide this documentation **WITH ENGLISH TRANSLATION**. **This information is also included on the Catawba College Sports Medicine Physical form.**

Athlete Insurance Information

All student-athletes are required to provide **VALID** and **CURRENT** insurance information **EVERY YEAR** as indicated in the ATS Medical Registration packets. Any changes/termination of coverage throughout the year **MUST BE** communicated to Sports Medicine immediately. For full policy review, please review the Insurance and Medical Expenses document found under resources at www.catawba.edu/sportsmedicine

Athlete ADD/ADHD Medication NCAA Medical Exemption (If Applicable)

The NCAA has strict guidelines regarding medications for treating ADD/ADHD. If you are being treated with prescription medications for ADD/ADHD, please refer to Section IV: NCAA ADD/ADHD Medical Exemption section of this document for information on what the NCAA requires of student-athletes under prescription medication treatment.

SECTION II: REQUIREMENTS FOR RETURNING STUDENT-ATHLETES TO CONTINUE ATHLETIC PARTICIPATION AT CATAWBA COLLEGE

The following **THREE** items must be tended to prior to arrival at Catawba College. Failure to complete any items in this section as instructed will result in delayed participation in any intercollegiate activities. No exceptions will be made.

UPDATE Athlete and Insurance Information in ATS Medical Profile

All RETURNING student-athletes are required to complete new academic year paperwork and update personal and insurance information via ATS Medical Registration prior to athletic participation. ATS Medical Registration can be found under RESOURCES at www.catawba.edu/sportsmedicine; **follow the instructions for Returning Student-Athletes.**

ADD/ADHD Prescription Update: If the student-athlete is under prescription treatment for ADD/ADHD, do not forget to provide updated records for **EVERY** prescription refill doctor appoint. Please refer to **Section IV: NCAA ADD/ADHD Prescription Medication Medical Exemption** section for information on what the NCAA requires of student-athletes under prescription medication treatment.

SECTION III: CATAWBA COLLEGE INSURANCE AND MEDICAL EXPENSES POLICY FOR NCAA INTERCOLLEGIATE ACTIVITY INJURIES

Insurance Requirement: All student-athletes are required to provide **VALID** and **CURRENT** insurance information **EVERY YEAR** as indicated in the ATS Medical Registration packets.

Medical Expenses/Included Coverage

- Athletes and/or Parents are not responsible for medical costs resulting from injuries sustained during NCAA sanctioned activities supervised by a coach*. Should the athlete pay a copay out of pocket, a refund will be provided **ONLY** if proof of payment is provided to Catawba College.
*Prescription medications for injuries **ARE NOT** covered by athletics
- Changes/termination of coverage of the student-athlete's primary insurance **MUST BE** communicated to the Sports Medicine staff within 30 days of the effective date. **Any charges incurred due to not informing the department of the insurance change will be the sole responsibility of the student-athlete.**
- Any appointments, including outpatient appointments/treatments with physicians, dentists, therapists, and diagnostic testing **MUST BE** approved through the Sports Medicine Department. **Failure to receive approval may result in all charges being at the student-athlete's expense.**
- Due to HIPPA regulations, Catawba College Sports Medicine is unable to request billing statements on the behalf of the athletes. **As such, it is the parent's and student-athlete's responsibility to PROMPTLY provide the Sports Medicine team with any billing statements received**.**
****Failure to provide Catawba College Sports Medicine with billing statements within 30 days of the statement date may result in the following:**
 - Charges may ultimately end up the responsibility of the student-athlete, NOT Catawba College.
 - Balances sent to collections by the medical provider may negatively impact the student-athlete's credit.

Excluded Coverage – the following items WILL NOT be covered by athletics:

- Any injury sustained outside of an NCAA-sanctioned practice or competition supervised by a coach will not be covered by Catawba College. Examples include, but are not limited to: voluntary captain practices, voluntary summer workouts, and voluntary training sessions.
- Pre-existing conditions, degenerative conditions, and any tests required as the result of issues or concerns raised during pre-participation physicals.
- Physician visits, diagnostic testing, or rehabilitation requested by Catawba College Team Physicians during the pre-participation examination.
- Chronic or recurrent injuries sustained PRIOR to participation in Catawba College athletics
- Costs associated with general medical illnesses (common cold, flu, infection, etc.)
- Consultations/second opinions or treatments unauthorized by Catawba College Sports Medicine.
- Conditions as a result of non-compliance with university policies, team rules, or the advice of any individual within the Catawba College Sports Medicine team.
- Any injury not reported to the Sports Medicine team within 14 days of occurrence or onset of symptoms.
- Prescribed medications for athletic related injuries.

Section IV: NCAA ADD/ADHD Prescription Medication Medical Exemption

The NCAA has strict guidelines regarding medications deemed performance enhancers, with ADD/ADHD medications being the most common. These drugs are banned **UNLESS** proper exemption paperwork is maintained, kept up-to-date, and on file with the Sports Medicine staff. If the student-athlete is randomly selected for a drug test and tests positive for the substance, it is a **FAILED DRUG TEST WHICH RESULTS IN SUSPENSION FROM ATHLETIC PARTICIPATION** unless this information is up to date.

Required ADD/ADHD Documentation

FIRST-YEAR and TRANSFER Student-Athletes have specific instructions as to what must be provided to the Sports Medicine Team upon arrival at Catawba College. These instructions can be found at the **First-Year/Transfer ADD/ADHD Prescription Medical Exemption Form** link under RESOURCES at www.catawba.edu/sportsmedicine.

CURRENT Student-Athletes are required to provide updated information **EVERY TIME** a prescription refill is prescribed. These instructions can be found at the Current Athlete **ADD/ADHD Prescription Medical Exemption Form** link under RESOURCES at www.catawba.edu/sportsmedicine.

PLEASE NOTE:

- **It is not the responsibility of Catawba College Sports Medicine to remind student-athletes to maintain their records.**
- **If the student-athlete takes any other medications which could also be considered a banned substance, please notify Catawba College Sports Medicine**